



3º Percurso Treino do COSEC - 2021
Fazenda Vereda Bonita 10.10.2021
Clube de Orientação Serra dos Cristais

Sara Melo Araujo de Paulo

Clube de Orientação Serra dos Cristais

Course : D Adulto A

Distance : 3800m (Climbing 90m)

Time : 2:06:13 (33'13"/km)

1/2

O.K.

[Full result on Webres](#)

2. Sandra Cristina dos Santos Gomes 2:20:10

1.	48	00:02:28		194m	12'43"/km
2.	50	00:06:27	00:08:55	385m	16'45"/km
3.	44	00:30:37	00:39:32	586m	52'15"/km
4.	43	00:32:03	01:11:35	244m	131'21"/km
5.	45	00:06:35	01:18:10	191m	34'28"/km
6.	53	00:05:13	01:23:23	239m	21'50"/km
7.	51	00:01:48	01:25:11	147m	12'15"/km
8.	46	00:03:54	01:29:05	206m	18'56"/km
9.	39	00:17:18	01:46:23	323m	53'34"/km
10.	37	00:11:57	01:58:20	587m	20'21"/km
11.	32	00:05:09	02:03:29	362m	14'14"/km
12.	31	00:02:34	02:06:03	236m	10'53"/km
13.	999	00:00:10	02:06:13	67m	2'29"/km

HELGA

Orienteering Software