



HOS Kuringen

Hasselt 7.10.2021

Omega

Noël NIJSTEN

Borasca

Course : H:01

Distance : 4940m

Time : 0:36:01 (7'17"/km)

1/14

O.K.

[Full result on Webres](#)

2. Filip KENNIS 0:39:44
3. James GILBERT 0:39:59

1.	97	00:00:49		136m	6'00"/km
2.	98	00:00:34	00:01:23	90m	6'18"/km
3.	71	00:01:13	00:02:36	172m	7'04"/km
4.	72	00:02:43	00:05:19	504m	5'23"/km
5.	77	00:01:53	00:07:12	381m	4'57"/km
6.	73	00:00:38	00:07:50	105m	6'02"/km
7.	96	00:02:34	00:10:24	369m	6'57"/km
8.	76	00:02:08	00:12:32	302m	7'04"/km
9.	74	00:01:56	00:14:28	307m	6'18"/km
10.	95	00:01:13	00:15:41	198m	6'09"/km
11.	103	00:00:37	00:16:18	109m	5'39"/km
12.	75	00:01:02	00:17:20	112m	9'14"/km
13.	78	00:02:20	00:19:40	167m	13'58"/km
14.	79	00:01:16	00:20:56	165m	7'41"/km
15.	80	00:00:53	00:21:49	136m	6'30"/km
16.	81	00:01:51	00:23:40	179m	10'20"/km
17.	84	00:00:56	00:24:36	98m	9'31"/km
18.	83	00:00:30	00:25:06	108m	4'38"/km
19.	100	00:00:20	00:25:26	54m	6'10"/km
20.	82	00:00:50	00:26:16	127m	6'34"/km
21.	85	00:00:27	00:26:43	63m	7'09"/km
22.	105	00:01:37	00:28:20	252m	6'25"/km
23.	87	00:01:48	00:30:08	158m	11'24"/km
24.	88	00:00:51	00:30:59	72m	11'48"/km
25.	104	00:01:06	00:32:05	54m	20'22"/km
26.	90	00:00:27	00:32:32	89m	5'03"/km
27.	91	00:01:04	00:33:36	103m	10'21"/km
28.	92	00:00:54	00:34:30	156m	5'46"/km
29.	93	00:00:48	00:35:18	81m	9'53"/km
30.	94	00:00:34	00:35:52	56m	10'07"/km
31.	999	00:00:09	00:36:01	30m	5'00"/km