



TRAIL RUN PARADISE - 5ª ETAPA

MURICI - ALAGOAS 3.10.2021

PARADISE

Nayara / Josinete

ARRANCA SOLA

Course : 12KM DUPLA FEMININA

Distance : 11600m (Climbing 274m)

Time : 1:33:32,628 (8'04"/km)

5/19

O.K.

[Full result on Webres](#)

- | | |
|------------------------|-------------|
| 1. Cintia / Adriana | 1:00:17,914 |
| 2. Daniella / Manuella | 1:18:21,058 |
| 3. Nice / Edneide | 1:29:29,101 |

1.	81	00:28:14		3620m	7'48"/km	ÁGUA 1 - DIVISÃO CATEGORIAS
2.	83	00:25:11	00:53:25	2460m	10'14"/km	INICIO CANAVIAL
3.	84	00:11:25	01:04:50	1770m	6'27"/km	ÁGUA 2
4.	85	00:23:25	01:28:15	3180m	7'22"/km	INÍCIO DESAFIO PARADISE
5.	999	00:05:17	01:33:32	550m	9'36"/km	CHEGADA E FIM DO DESAFIO

HELGA



Orienteering Software