



# TRAIL RUN PARADISE - 5ª ETAPA

## MURICI - ALAGOAS 3.10.2021

### PARADISE

**Gelsivanio / Rafael**

PALMARINOS AVENTUREIROS

Course : 12KM DUPLA MASCULINA

Distance : 11600m (Climbing 274m)

Time : 1:10:49,394 (6'06"/km)

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O.K.

[Full result on Webres](#)

|                     |             |
|---------------------|-------------|
| 1. Flavio / Luciano | 0:51:40,304 |
| 2. Adriano / Valter | 1:01:10,988 |
| 3. Cesar / Robson   | 1:02:22,582 |

|    |     |          |          |       |           |                             |
|----|-----|----------|----------|-------|-----------|-----------------------------|
| 1. | 81  | 00:19:15 |          | 3620m | 5'19"/km  | ÁGUA 1 - DIVISÃO CATEGORIAS |
| 2. | 83  | 00:17:33 | 00:36:48 | 2460m | 7'08"/km  | INICIO CANAVIAL             |
| 3. | 84  | 00:07:29 | 00:44:17 | 1770m | 4'14"/km  | ÁGUA 2                      |
| 4. | 85  | 00:19:08 | 01:03:25 | 3180m | 6'01"/km  | INÍCIO DESAFIO PARADISE     |
| 5. | 999 | 00:07:24 | 01:10:49 | 550m  | 13'27"/km | CHEGADA E FIM DO DESAFIO    |

HELGA



Orienteering Software