



**BK lange afstand**  
**Helchterenbos - Koersel 19.9.2021**  
**K.O.L.**

**James GILBERT**

hamok

Omloop : LD

Afstand : 6990m

Tijd : 1:08:56 (9'52"/km)

**4/12**

O.K.

[Volledige uitslagen op Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Julien DACHE    | 0:59:15 |
| 2. Gerald SOUWEINE | 1:03:44 |
| 3. François JACOBS | 1:07:23 |

1.	102	00:02:32		347m	7'18"/km
2.	122	00:03:14	00:05:46	382m	8'28"/km
3.	120	00:01:15	00:07:01	155m	8'04"/km
4.	116	00:03:25	00:10:26	536m	6'22"/km
5.	113	00:01:31	00:11:57	167m	9'05"/km
6.	128	00:06:00	00:17:57	680m	8'49"/km
7.	136	00:07:32	00:25:29	340m	22'09"/km
8.	139	00:03:00	00:28:29	328m	9'09"/km
9.	147	00:03:55	00:32:24	389m	10'04"/km
10.	149	00:01:32	00:33:56	176m	8'43"/km
11.	151	00:01:38	00:35:34	145m	11'16"/km
12.	137	00:04:12	00:39:46	338m	12'26"/km
13.	158	00:03:08	00:42:54	274m	11'26"/km
14.	161	00:03:00	00:45:54	244m	12'18"/km
15.	164	00:00:00	00:45:54	294m	0'00"/km
16.	176	01:03:13	01:49:07	432m	146'20"/km
17.	173	00:02:37	01:51:44	362m	7'14"/km
18.	180	00:03:48	01:55:32	272m	13'58"/km
19.	194	00:05:18	02:00:50	514m	10'19"/km
20.	197	00:02:22	02:03:12	206m	11'29"/km
21.	220	00:02:57	02:06:09	246m	12'00"/km
22.	999	00:00:37	02:06:46	165m	3'44"/km

Orienteering Software