



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Georges TIMMERMANS

K.O.L.

Omloop : H70

Afstand : 4070m

Tijd : 0:50:47 (12'29"/km)

12/20

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Freddy SILLIEN | 0:34:32,125 |
| 2. Rudy CANTRE | 0:38:12 |
| 3. Christian KRINGS | 0:41:47 |

1.	140	00:04:43		296m	15'56"/km
2.	134	00:04:12	00:08:55	308m	13'38"/km
3.	130	00:04:33	00:13:28	415m	10'58"/km
4.	127	00:01:33	00:15:01	148m	10'28"/km
5.	159	00:05:29	00:20:30	504m	10'53"/km
6.	156	00:03:24	00:23:54	295m	11'32"/km
7.	163	00:00:00	00:23:54	401m	0'00"/km
8.	169	00:04:55	00:28:49	467m	10'32"/km
9.	174	01:03:43	01:32:32	289m	220'28"/km
10.	195	00:06:32	01:39:04	443m	14'45"/km
11.	200	00:03:29	01:42:33	234m	14'53"/km
12.	220	00:02:08	01:44:41	104m	20'31"/km
13.	999	00:01:00	01:45:41	165m	6'04"/km

HELGA

Orienteering Software