



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Hubert BASTIN

O.L.G. St. Vith ARDOC

Course : H70

Distance : 4070m

Time : 0:44:33 (10'57"/km)

6/20

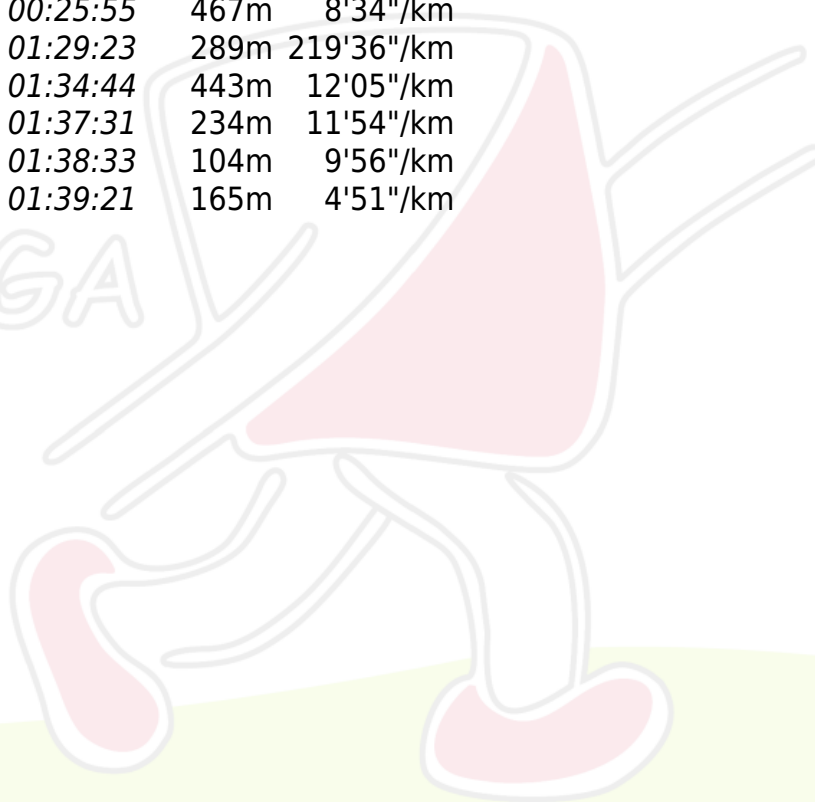
O.K.

[Full result on Webres](#)

1. Freddy SILLIEN	0:34:32,125
2. Rudy CANTRE	0:38:12
3. Christian KRINGS	0:41:47

1.	140	00:03:48		296m	12'50"/km
2.	134	00:03:29	00:07:17	308m	11'19"/km
3.	130	00:04:51	00:12:08	415m	11'41"/km
4.	127	00:01:44	00:13:52	148m	11'43"/km
5.	159	00:05:08	00:19:00	504m	10'11"/km
6.	156	00:02:55	00:21:55	295m	9'53"/km
7.	163	00:00:00	00:21:55	401m	0'00"/km
8.	169	00:04:00	00:25:55	467m	8'34"/km
9.	174	01:03:28	01:29:23	289m	219'36"/km
10.	195	00:05:21	01:34:44	443m	12'05"/km
11.	200	00:02:47	01:37:31	234m	11'54"/km
12.	220	00:01:02	01:38:33	104m	9'56"/km
13.	999	00:00:48	01:39:21	165m	4'51"/km

HELGA



Orienteering Software