BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Alfred RAES
Balise 10
Omloop : H70
Afstand : 4070m
Tijd : 0:43:52 (10'47"/km)

5/20 O.K.

Volledige uitslagen op Webres

1.	Freddy SILLIEN	0:34:32,125
2.	Rudy CANTRE	0:38:12
3.	Christian KRINGS	0:41:47

1.	140	00:03:45		296m	12'40"/km
2.	134	00:03:19	*00:07:04*	308m	10'46"/km
3.	130	00:03:49	*00:10:53*	415m	9'12"/km
4.	127	00:02:11	*00:13:04*	148m	14'45"/km
5.	159	00:03:52	*00:16:56*	504m	7'40"/km
6.	157	00:02:32	*00:19:28*		
7.	156	00:00:49	*00:20:17*		
8.	163	00:00:00	*00:20:17*	401m	0'00"/km
9.	169	00:03:34	*00:23:51*	467m	7'38"/km
10.	174	01:03:05	*01:26:56*	289m	218'17"/km
11.	195	00:06:00	*01:32:56*	443m	13'33"/km
12.	200	00:03:05	*01:36:01*	234m	13'11"/km
13.	220	00:01:31	*01:37:32*	104m	14'35"/km
14.	999	00:00:52	*01:38:24*	165m	5'15"/km

HELGA Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com