



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Adrie VAN OPSTAL

K.O.L.

Omloop : H65

Afstand : 4670m

Tijd : 0:44:30 (9'32"/km)

5/22

O.K.

[Volledige uitslagen op Webres](#)

1. Pierre WILLEMS	0:38:04,683
2. Servais HICK	0:43:24
3. Roger HENDRICKX	0:43:28,074

1.	142	00:02:06		246m	8'32"/km
2.	134	00:03:10	00:05:16	369m	8'35"/km
3.	131	00:05:37	00:10:53	228m	24'38"/km
4.	126	00:02:35	00:13:28	265m	9'45"/km
5.	127	00:00:54	00:14:22	90m	10'00"/km
6.	157	00:04:38	00:19:00	690m	6'43"/km
7.	154	00:04:32	00:23:32	193m	23'29"/km
8.	151	00:01:20	00:24:52	197m	6'46"/km
9.	161	00:02:29	00:27:21	408m	6'05"/km
10.	166	00:00:00	00:27:21	366m	0'00"/km
11.	169	00:02:17	00:29:38	342m	6'41"/km
12.	175	01:02:55	01:32:33	333m	188'56"/km
13.	196	00:04:27	01:37:00	468m	9'31"/km
14.	200	00:02:01	01:39:01	203m	9'56"/km
15.	220	00:01:54	01:40:55	104m	18'16"/km
16.	999	00:00:51	01:41:46	165m	5'09"/km

Orienteering Software