



# BK lange afstand

## Helchterenbos - Koersel 19.9.2021

### K.O.L.

**Etienne DE WIT**

K.O.L.

Omloop : H60

Afstand : 5670m

Tijd : 1:01:22,503 (10'49"/km)

**10/24**

O.K.

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- |                         |         |
|-------------------------|---------|
| 1. Bart VAN DE MOORTELE | 0:41:54 |
| 2. Wiet LAENEN          | 0:42:17 |
| 3. Luc MELIS            | 0:44:03 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 105 | 00:02:57 |          | 182m | 16'13"/km  |
| 2.  | 102 | 00:02:12 | 00:05:09 | 220m | 10'00"/km  |
| 3.  | 101 | 00:01:00 | 00:06:09 | 80m  | 12'30"/km  |
| 4.  | 120 | 00:02:49 | 00:08:58 | 324m | 8'42"/km   |
| 5.  | 117 | 00:07:21 | 00:16:19 | 396m | 18'34"/km  |
| 6.  | 112 | 00:01:58 | 00:18:17 | 171m | 11'30"/km  |
| 7.  | 127 | 00:07:42 | 00:25:59 | 646m | 11'55"/km  |
| 8.  | 107 | 00:03:50 | 00:29:49 | 449m | 8'32"/km   |
| 9.  | 152 | 00:05:37 | 00:35:26 | 653m | 8'36"/km   |
| 10. | 162 | 00:00:00 | 00:35:26 | 353m | 0'00"/km   |
| 11. | 167 | 00:04:02 | 00:39:28 | 437m | 9'14"/km   |
| 12. | 174 | 01:03:45 | 01:43:13 | 393m | 162'13"/km |
| 13. | 195 | 00:05:40 | 01:48:53 | 443m | 12'47"/km  |
| 14. | 203 | 00:03:45 | 01:52:38 | 354m | 10'36"/km  |
| 15. | 201 | 00:02:33 | 01:55:11 | 204m | 12'30"/km  |
| 16. | 220 | 00:02:06 | 01:57:17 | 194m | 10'49"/km  |
| 17. | 999 | 00:00:52 | 01:58:09 | 165m | 5'15"/km   |

Orienteering Software