



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Donald VAN BOVEN

TROL

Omloop : H50

Afstand : 6970m

Tijd : 1:02:53 (9'01"/km)

9/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim VERVOORT | 0:51:28 |
| 2. Olivier DE SMUL | 0:52:35 |
| 3. Frank VANSPAUWEN | 0:54:12 |

1.	103	00:02:56		317m	9'15"/km
2.	121	00:02:51	00:05:47	378m	7'32"/km
3.	118	00:02:57	00:08:44	353m	8'21"/km
4.	113	00:03:36	00:12:20	386m	9'20"/km
5.	130	00:04:16	00:16:36	566m	7'32"/km
6.	136	00:02:47	00:19:23	304m	9'09"/km
7.	159	00:02:51	00:22:14	386m	7'23"/km
8.	153	00:03:05	00:25:19	455m	6'47"/km
9.	150	00:01:36	00:26:55	211m	7'35"/km
10.	164	00:00:00	00:26:55	384m	0'00"/km
11.	175	01:05:17	01:32:12	715m	91'18"/km
12.	180	00:03:04	01:35:16	287m	10'41"/km
13.	182	00:04:03	01:39:19	213m	19'01"/km
14.	185	00:05:06	01:44:25	559m	9'07"/km
15.	189	00:02:42	01:47:07	219m	12'20"/km
16.	193	00:03:27	01:50:34	309m	11'10"/km
17.	202	00:03:01	01:53:35	207m	14'34"/km
18.	197	00:02:50	01:56:25	311m	9'07"/km
19.	220	00:02:59	01:59:24	246m	12'08"/km
20.	999	00:00:51	02:00:15	165m	5'09"/km

Orienteering Software