



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Kurt SMET

TROL

Omloop : H50

Afstand : 6970m

Tijd : 0:57:27 (8'15"/km)

6/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim VERVOORT | 0:51:28 |
| 2. Olivier DE SMUL | 0:52:35 |
| 3. Frank VANSPAUWEN | 0:54:12 |

1.	103	00:03:09		317m	9'56"/km
2.	121	00:02:55	00:06:04	378m	7'43"/km
3.	118	00:03:46	00:09:50	353m	10'40"/km
4.	113	00:02:51	00:12:41	386m	7'23"/km
5.	130	00:04:06	00:16:47	566m	7'15"/km
6.	136	00:03:20	00:20:07	304m	10'58"/km
7.	159	00:03:27	00:23:34	386m	8'56"/km
8.	153	00:03:46	00:27:20	455m	8'17"/km
9.	150	00:02:14	00:29:34	211m	10'35"/km
10.	164	00:00:00	00:29:34	384m	0'00"/km
11.	175	01:05:33	01:35:07	715m	91'41"/km
12.	180	00:02:27	01:37:34	287m	8'32"/km
13.	182	00:02:17	01:39:51	213m	10'43"/km
14.	185	00:04:27	01:44:18	559m	7'58"/km
15.	189	00:02:05	01:46:23	219m	9'31"/km
16.	193	00:02:17	01:48:40	309m	7'23"/km
17.	202	00:01:31	01:50:11	207m	7'20"/km
18.	197	00:02:04	01:52:15	311m	6'39"/km
19.	220	00:01:42	01:53:57	246m	6'55"/km
20.	999	00:00:45	01:54:42	165m	4'33"/km

Orienteering Software