



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Koen BOSMANS

Omega

Omloop : H45

Afstand : 8370m

Tijd : 1:10:26 (8'25"/km)

11/28

O.K.

[Volledige uitslagen op Webres](#)

1. Nicolas SILLIEN	0:51:06
2. Alain MAZY	0:53:27
3. Kim JANSEN	0:58:32,964

1.	138	00:03:04		384m	7'59"/km
2.	155	00:02:19	00:05:23	272m	8'31"/km
3.	147	00:02:17	00:07:40	294m	7'46"/km
4.	146	00:00:50	00:08:30	71m	11'44"/km
5.	132	00:05:15	00:13:45	704m	7'27"/km
6.	131	00:02:02	00:15:47	137m	14'51"/km
7.	113	00:05:13	00:21:00	635m	8'13"/km
8.	117	00:02:29	00:23:29	290m	8'34"/km
9.	121	00:03:39	00:27:08	466m	7'50"/km
10.	110	00:01:43	00:28:51	218m	7'52"/km
11.	123	00:04:36	00:33:27	681m	6'45"/km
12.	130	00:01:54	00:35:21	272m	6'59"/km
13.	125	00:06:05	00:41:26	549m	11'05"/km
14.	160	00:03:40	00:45:06	503m	7'17"/km
15.	163	00:00:00	00:45:06	326m	0'00"/km
16.	181	01:09:19	01:54:25	1187m	58'24"/km
17.	183	00:02:29	01:56:54	264m	9'24"/km
18.	192	00:04:05	02:00:59	328m	12'27"/km
19.	197	00:02:44	02:03:43	366m	7'28"/km
20.	200	00:01:53	02:05:36	156m	12'04"/km
21.	220	00:01:33	02:07:09	104m	14'54"/km
22.	999	00:00:46	02:07:55	165m	4'39"/km

Orienteering Software