



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Bert BOCKX

BMOT

Omloop : HE

Afstand : 15880m

Tijd : 2:04:56 (7'52"/km)

19/23

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 1:30:39 |
| 2. Gilles DE NEYER | 1:30:47 |
| 3. Evert LEEUWS | 1:32:57 |

1.	136	00:08:19		582m	14'17"/km
2.	114	00:04:57	00:13:16	902m	5'29"/km
3.	115	00:01:02	00:14:18	104m	9'56"/km
4.	111	00:02:04	00:16:22	374m	5'32"/km
5.	118	00:01:21	00:17:43	159m	8'29"/km
6.	120	00:01:47	00:19:30	283m	6'18"/km
7.	157	00:08:12	00:27:42	997m	8'13"/km
8.	153	00:01:52	00:29:34	221m	8'27"/km
9.	164	00:00:00	00:29:34	495m	0'00"/km
10.	124	01:07:16	01:36:50	1060m	63'28"/km
11.	129	00:02:43	01:39:33	492m	5'31"/km
12.	133	00:02:25	01:41:58	397m	6'05"/km
13.	141	00:02:33	01:44:31	384m	6'38"/km
14.	158	00:02:47	01:47:18	404m	6'53"/km
15.	181	00:09:28	01:56:46	1625m	5'50"/km
16.	177	00:04:49	02:01:35	698m	6'54"/km
17.	178	00:03:22	02:04:57	442m	7'37"/km
18.	179	00:02:18	02:07:15	345m	6'40"/km
19.	175	00:03:26	02:10:41	546m	6'17"/km
20.	208	00:10:48	02:21:29	1378m	7'50"/km
21.	188	00:03:33	02:25:02	399m	8'54"/km
22.	189	00:04:38	02:29:40	377m	12'17"/km
23.	184	00:03:17	02:32:57	396m	8'17"/km
24.	186	00:02:56	02:35:53	457m	6'25"/km
25.	209	00:05:38	02:41:31	664m	8'29"/km
26.	207	00:06:31	02:48:02	384m	16'58"/km
27.	191	00:03:08	02:51:10	337m	9'18"/km
28.	193	00:01:50	02:53:00	182m	10'04"/km
29.	204	00:04:20	02:57:20	275m	15'45"/km
30.	220	00:03:18	03:00:38	356m	9'16"/km
31.	999	00:00:40	03:01:18	165m	4'02"/km