



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Marc KERCKHOFS

BMOT

Omloop : HE

Afstand : 15880m

Tijd : 1:55:30 (7'16"/km)

17/23

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 1:30:39 |
| 2. Gilles DE NEYER | 1:30:47 |
| 3. Evert LEEUWS | 1:32:57 |

1.	136	00:04:23		582m	7'32"/km
2.	114	00:06:30	00:10:53	902m	7'12"/km
3.	115	00:03:22	00:14:15	104m	32'22"/km
4.	111	00:02:04	00:16:19	374m	5'32"/km
5.	118	00:01:11	00:17:30	159m	7'27"/km
6.	120	00:01:37	00:19:07	283m	5'43"/km
7.	157	00:08:06	00:27:13	997m	8'07"/km
8.	153	00:01:37	00:28:50	221m	7'19"/km
9.	164	00:00:00	00:28:50	495m	0'00"/km
10.	124	01:05:47	01:34:37	1060m	62'04"/km
11.	129	00:02:48	01:37:25	492m	5'41"/km
12.	133	00:02:29	01:39:54	397m	6'15"/km
13.	141	00:02:38	01:42:32	384m	6'51"/km
14.	158	00:03:15	01:45:47	404m	8'03"/km
15.	181	00:09:49	01:55:36	1625m	6'02"/km
16.	177	00:04:48	02:00:24	698m	6'53"/km
17.	178	00:03:34	02:03:58	442m	8'04"/km
18.	179	00:02:21	02:06:19	345m	6'49"/km
19.	175	00:03:30	02:09:49	546m	6'25"/km
20.	208	00:10:24	02:20:13	1378m	7'33"/km
21.	188	00:03:07	02:23:20	399m	7'49"/km
22.	189	00:03:27	02:26:47	377m	9'09"/km
23.	184	00:03:05	02:29:52	396m	7'47"/km
24.	186	00:03:39	02:33:31	457m	7'59"/km
25.	209	00:05:59	02:39:30	664m	9'01"/km
26.	207	00:02:57	02:42:27	384m	7'41"/km
27.	191	00:02:07	02:44:34	337m	6'17"/km
28.	193	00:01:28	02:46:02	182m	8'04"/km
29.	204	00:02:49	02:48:51	275m	10'15"/km
30.	220	00:02:56	02:51:47	356m	8'14"/km
31.	999	00:00:41	02:52:28	165m	4'08"/km