



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Warre DE CUYPER

K.O.L.

Omloop : HE

Afstand : 15880m

Tijd : 1:45:18 (6'38"/km)

13/23

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 1:30:39 |
| 2. Gilles DE NEYER | 1:30:47 |
| 3. Evert LEEUWS | 1:32:57 |

1.	136	00:04:08		582m	7'06"/km
2.	114	00:04:22	00:08:30	902m	4'50"/km
3.	115	00:01:34	00:10:04	104m	15'04"/km
4.	111	00:02:20	00:12:24	374m	6'14"/km
5.	118	00:00:56	00:13:20	159m	5'52"/km
6.	120	00:01:54	00:15:14	283m	6'43"/km
7.	157	00:06:40	00:21:54	997m	6'41"/km
8.	153	00:01:38	00:23:32	221m	7'23"/km
9.	164	00:00:00	00:23:32	495m	0'00"/km
10.	124	01:05:33	01:29:05	1060m	61'50"/km
11.	129	00:02:28	01:31:33	492m	5'01"/km
12.	133	00:02:41	01:34:14	397m	6'46"/km
13.	141	00:02:09	01:36:23	384m	5'36"/km
14.	158	00:02:13	01:38:36	404m	5'29"/km
15.	181	00:08:20	01:46:56	1625m	5'08"/km
16.	177	00:04:16	01:51:12	698m	6'07"/km
17.	178	00:02:24	01:53:36	442m	5'26"/km
18.	179	00:01:48	01:55:24	345m	5'13"/km
19.	175	00:02:46	01:58:10	546m	5'04"/km
20.	208	00:08:02	02:06:12	1378m	5'50"/km
21.	188	00:02:28	02:08:40	399m	6'11"/km
22.	189	00:02:28	02:11:08	377m	6'33"/km
23.	184	00:02:47	02:13:55	396m	7'02"/km
24.	186	00:02:30	02:16:25	457m	5'28"/km
25.	209	00:04:03	02:20:28	664m	6'06"/km
26.	207	00:02:36	02:23:04	384m	6'46"/km
27.	191	00:08:10	02:31:14	337m	24'14"/km
28.	193	00:01:05	02:32:19	182m	5'57"/km
29.	204	00:06:48	02:39:07	275m	24'44"/km
30.	220	00:02:38	02:41:45	356m	7'24"/km
31.	999	00:00:39	02:42:24	165m	3'56"/km