



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Evert LEEUWS

Antwerp Orienteers

Course : HE

Distance : 15880m

Time : 1:32:57 (5'51"/km)

3/23

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Wouter HUS | 1:30:39 |
| 2. Gilles DE NEYER | 1:30:47 |

1.	136	00:03:20		582m	5'44"/km
2.	114	00:04:33	00:07:53	902m	5'03"/km
3.	115	00:01:08	00:09:01	104m	10'54"/km
4.	111	00:01:47	00:10:48	374m	4'46"/km
5.	118	00:00:52	00:11:40	159m	5'27"/km
6.	120	00:01:17	00:12:57	283m	4'32"/km
7.	157	00:06:05	00:19:02	997m	6'06"/km
8.	153	00:01:15	00:20:17	221m	5'39"/km
9.	164	00:00:00	00:20:17	495m	0'00"/km
10.	124	01:05:02	01:25:19	1060m	61'21"/km
11.	129	00:02:23	01:27:42	492m	4'51"/km
12.	133	00:02:03	01:29:45	397m	5'10"/km
13.	141	00:02:06	01:31:51	384m	5'28"/km
14.	158	00:02:17	01:34:08	404m	5'39"/km
15.	181	00:08:14	01:42:22	1625m	5'04"/km
16.	177	00:03:52	01:46:14	698m	5'32"/km
17.	178	00:02:09	01:48:23	442m	4'52"/km
18.	179	00:01:52	01:50:15	345m	5'25"/km
19.	175	00:02:47	01:53:02	546m	5'06"/km
20.	208	00:08:40	02:01:42	1378m	6'17"/km
21.	188	00:03:05	02:04:47	399m	7'44"/km
22.	189	00:05:04	02:09:51	377m	13'26"/km
23.	184	00:02:57	02:12:48	396m	7'27"/km
24.	186	00:02:33	02:15:21	457m	5'35"/km
25.	209	00:04:24	02:19:45	664m	6'38"/km
26.	207	00:02:30	02:22:15	384m	6'31"/km
27.	191	00:02:03	02:24:18	337m	6'05"/km
28.	193	00:01:17	02:25:35	182m	7'03"/km
29.	204	00:01:40	02:27:15	275m	6'04"/km
30.	220	00:02:26	02:29:41	356m	6'50"/km
31.	999	00:00:36	02:30:17	165m	3'38"/km