



# BK lange afstand

## Helchterenbos - Koersel 19.9.2021

### K.O.L.

**Thor DE MITS**

TROL

Omloop : H-14

Afstand : 5160m

Tijd : 1:03:06 (12'14"/km)

**5/15**

O.K.

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|                    |             |
|--------------------|-------------|
| 1. Tim LEMY STORME | 0:51:42,425 |
| 2. Antoine VOS     | 1:00:09     |
| 3. Victor BROUWIER | 1:01:11     |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 139 | 00:04:05 |          | 327m | 12'29"/km  |
| 2.  | 145 | 00:04:35 | 00:08:40 | 279m | 16'26"/km  |
| 3.  | 150 | 00:04:04 | 00:12:44 | 259m | 15'42"/km  |
| 4.  | 158 | 00:04:45 | 00:17:29 | 488m | 9'44"/km   |
| 5.  | 160 | 00:01:16 | 00:18:45 | 152m | 8'20"/km   |
| 6.  | 162 | 00:00:00 | 00:18:45 | 246m | 0'00"/km   |
| 7.  | 166 | 00:02:10 | 00:20:55 | 247m | 8'46"/km   |
| 8.  | 176 | 01:02:49 | 01:23:44 | 304m | 206'38"/km |
| 9.  | 173 | 00:02:57 | 01:26:41 | 362m | 8'09"/km   |
| 10. | 180 | 00:05:20 | 01:32:01 | 272m | 19'36"/km  |
| 11. | 182 | 00:04:24 | 01:36:25 | 213m | 20'39"/km  |
| 12. | 192 | 00:09:25 | 01:45:50 | 438m | 21'30"/km  |
| 13. | 190 | 00:03:12 | 01:49:02 | 241m | 13'17"/km  |
| 14. | 206 | 00:02:56 | 01:51:58 | 233m | 12'35"/km  |
| 15. | 203 | 00:02:15 | 01:54:13 | 197m | 11'25"/km  |
| 16. | 194 | 00:01:53 | 01:56:06 | 240m | 7'51"/km   |
| 17. | 195 | 00:01:27 | 01:57:33 | 170m | 8'32"/km   |
| 18. | 220 | 00:02:26 | 01:59:59 | 324m | 7'31"/km   |
| 19. | 999 | 00:00:44 | 02:00:43 | 165m | 4'27"/km   |

Orienteering Software