



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Thor WOLLES

hamok

Omloop : H-12

Afstand : 3160m

Tijd : 0:32:53 (10'24"/km)

1/10

O.K.

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- | | |
|------------------|---------|
| 2. Nathan JANSEN | 0:37:18 |
| 3. Daan COOLS | 0:38:27 |

1.	210	00:02:21		314m	7'29"/km
2.	148	00:01:56	00:04:17	195m	9'55"/km
3.	155	00:01:57	00:06:14	220m	8'52"/km
4.	137	00:06:40	00:12:54	188m	35'28"/km
5.	159	00:03:20	00:16:14	367m	9'05"/km
6.	160	00:02:53	00:19:07	145m	19'53"/km
7.	165	00:00:00	00:19:07	502m	0'00"/km
8.	169	00:02:43	00:21:50	331m	8'12"/km
9.	171	01:01:56	01:23:46	243m	254'52"/km
10.	199	00:03:21	01:27:07	355m	9'26"/km
11.	220	00:01:45	01:28:52	141m	12'25"/km
12.	999	00:00:36	01:29:28	165m	3'38"/km

HELGA

Orienteering Software