



**BK lange afstand**  
**Helchterenbos - Koersel 19.9.2021**  
**K.O.L.**

**Lea SWINNEN**

Omega

Omloop : D65

Afstand : 3950m

Tijd : 0:45:47 (11'35"/km)

**1/9**

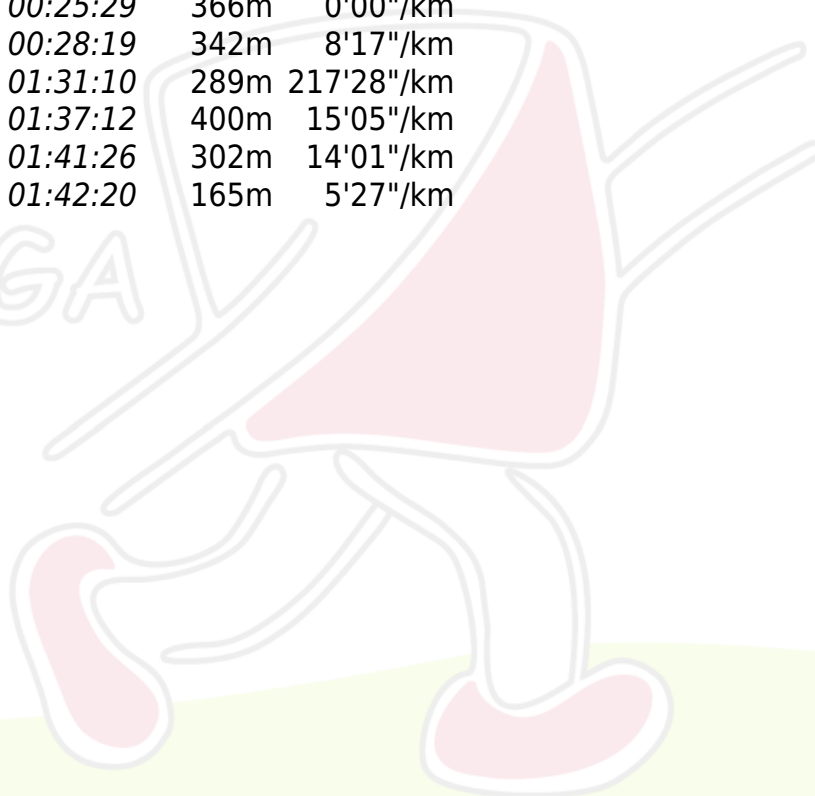
O.K.

[Volledige uitslagen op Webres](#)

- |                     |         |
|---------------------|---------|
| 2. Nicole VANHEES   | 0:48:43 |
| 3. Paulette BLOMMEN | 0:55:11 |

1.	140	00:04:11		296m	14'08"/km
2.	135	00:05:13	00:09:24	285m	18'18"/km
3.	133	00:03:30	00:12:54	208m	16'50"/km
4.	131	00:02:15	00:15:09	222m	10'08"/km
5.	129	00:01:54	00:17:03	199m	9'33"/km
6.	157	00:04:33	00:21:36	597m	7'37"/km
7.	161	00:03:53	00:25:29	279m	13'55"/km
8.	166	00:00:00	00:25:29	366m	0'00"/km
9.	169	00:02:50	00:28:19	342m	8'17"/km
10.	174	01:02:51	01:31:10	289m	217'28"/km
11.	196	00:06:02	01:37:12	400m	15'05"/km
12.	220	00:04:14	01:41:26	302m	14'01"/km
13.	999	00:00:54	01:42:20	165m	5'27"/km

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Orienteering Software