



# BK lange afstand

## Helchterenbos - Koersel 19.9.2021

### K.O.L.

**Kristel MERTENS**

Antwerp Orienteers

Omloop : D50

Afstand : 5160m

Tijd : 0:53:34 (10'23"/km)

**1/8**

O.K.

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2. Katleen VAN DE MOORTELE 0:57:25  
3. Geneviève NYS 1:00:17

|     |     |          |          |      |             |
|-----|-----|----------|----------|------|-------------|
| 1.  | 139 | 00:03:41 |          | 327m | 11'16"/km   |
| 2.  | 145 | 00:03:14 | 00:06:55 | 279m | 11'35"/km   |
| 3.  | 150 | 00:02:05 | 00:09:00 | 259m | 8'03"/km    |
| 4.  | 158 | 00:03:56 | 00:12:56 | 488m | 8'04"/km    |
| 5.  | 160 | 00:01:26 | 00:14:22 | 152m | 9'26"/km    |
| 6.  | 162 | 11:02:11 | 11:16:33 | 246m | 2691'48"/km |
| 7.  | 166 | 00:02:09 | 11:18:42 | 247m | 8'42"/km    |
| 8.  | 176 | 01:02:32 | 12:21:14 | 304m | 205'42"/km  |
| 9.  | 173 | 00:03:03 | 12:24:17 | 362m | 8'26"/km    |
| 10. | 180 | 00:03:23 | 12:27:40 | 272m | 12'26"/km   |
| 11. | 182 | 00:03:11 | 12:30:51 | 213m | 14'57"/km   |
| 12. | 192 | 00:05:13 | 12:36:04 | 438m | 11'55"/km   |
| 13. | 190 | 00:03:59 | 12:40:03 | 241m | 16'32"/km   |
| 14. | 206 | 00:02:09 | 12:42:12 | 233m | 9'14"/km    |
| 15. | 203 | 00:02:28 | 12:44:40 | 197m | 12'31"/km   |
| 16. | 194 | 00:03:24 | 12:48:04 | 240m | 14'10"/km   |
| 17. | 195 | 00:01:22 | 12:49:26 | 170m | 8'02"/km    |
| 18. | 220 | 00:03:21 | 12:52:47 | 324m | 10'20"/km   |
| 19. | 999 | 00:00:47 | 12:53:34 | 165m | 4'45"/km    |

Orienteering Software