



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Nancy WENDERICKX

hamok

Omloop : D45

Afstand : 5670m

Tijd : 0:54:18 (9'35"/km)

2/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Aline HERMANS | 0:47:00 |
| 3. Ellen DE BIE | 1:11:25 |

1.	105	00:03:04		182m	16'51"/km
2.	102	00:02:17	00:05:21	220m	10'23"/km
3.	101	00:00:42	00:06:03	80m	8'45"/km
4.	120	00:02:51	00:08:54	324m	8'48"/km
5.	117	00:03:47	00:12:41	396m	9'33"/km
6.	112	00:01:35	00:14:16	171m	9'16"/km
7.	127	00:06:57	00:21:13	646m	10'46"/km
8.	107	00:03:46	00:24:59	449m	8'23"/km
9.	152	00:05:37	00:30:36	653m	8'36"/km
10.	162	00:00:00	00:30:36	353m	0'00"/km
11.	167	00:03:24	00:34:00	437m	7'47"/km
12.	174	01:02:32	01:36:32	393m	159'07"/km
13.	195	00:04:08	01:40:40	443m	9'20"/km
14.	203	00:05:51	01:46:31	354m	16'32"/km
15.	201	00:02:43	01:49:14	204m	13'19"/km
16.	220	00:01:38	01:50:52	194m	8'25"/km
17.	999	00:00:46	01:51:38	165m	4'39"/km

Orienteering Software