



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Lieke VAN OPSTAL

K.O.L.

Omloop : D40

Afstand : 6590m

Tijd : 1:07:00 (10'10"/km)

4/12

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Greet OEYEN | 0:49:12 |
| 2. Vinciane Mulpas | 0:59:07 |
| 3. Véronique BASTIN | 1:05:17 |

1.	104	00:03:06		265m	11'42"/km
2.	102	00:02:01	00:05:07	214m	9'25"/km
3.	110	00:01:49	00:06:56	162m	11'13"/km
4.	119	00:03:13	00:10:09	394m	8'10"/km
5.	111	00:02:07	00:12:16	214m	9'53"/km
6.	128	00:05:55	00:18:11	647m	9'09"/km
7.	135	00:03:36	00:21:47	421m	8'33"/km
8.	143	00:03:54	00:25:41	373m	10'27"/km
9.	145	00:03:29	00:29:10	262m	13'18"/km
10.	152	00:02:26	00:31:36	200m	12'10"/km
11.	156	00:01:38	00:33:14	143m	11'25"/km
12.	161	00:02:50	00:36:04	302m	9'23"/km
13.	167	11:05:13	11:41:17	561m	1185'46"/km
14.	173	01:03:52	12:45:09	467m	136'46"/km
15.	201	00:08:13	12:53:22	686m	11'59"/km
16.	205	00:02:46	12:56:08	238m	11'37"/km
17.	194	00:03:59	13:00:07	342m	11'39"/km
18.	196	00:02:16	13:02:23	232m	9'46"/km
19.	220	00:03:43	13:06:06	302m	12'18"/km
20.	999	00:00:54	13:07:00	165m	5'27"/km

Orienteering Software