



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Ellen MOLS

hamok

Omloop : D35

Afstand : 6610m

Tijd : 1:19:58 (12'06"/km)

4/7

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|-------------|
| 1. Marieke ADDIERS | 1:05:36 |
| 2. Catherine HOOFD | 1:06:32 |
| 3. Ellen HOUBEN | 1:11:20,046 |

1.	104	00:05:05		265m	19'11"/km
2.	103	00:02:20	00:07:25	145m	16'06"/km
3.	110	00:03:19	00:10:44	233m	14'14"/km
4.	119	00:03:08	00:13:52	394m	7'57"/km
5.	112	00:02:20	00:16:12	338m	6'54"/km
6.	129	00:05:19	00:21:31		
7.	128	00:02:40	00:24:11		
8.	134	00:04:04	00:28:15		
9.	133	00:01:30	00:29:45		
10.	140	00:05:28	00:35:13	339m	16'08"/km
11.	145	00:02:58	00:38:11	229m	12'57"/km
12.	152	00:02:08	00:40:19	200m	10'40"/km
13.	163	00:00:00	00:40:19	372m	0'00"/km
14.	167	00:03:24	00:43:43	375m	9'04"/km
15.	173	01:06:33	01:50:16	467m	142'30"/km
16.	202	00:09:16	01:59:32	699m	13'15"/km
17.	205	00:01:49	02:01:21	130m	13'58"/km
18.	191	00:02:41	02:04:02	270m	9'56"/km
19.	194	00:03:23	02:07:25	295m	11'28"/km
20.	201	00:06:14	02:13:39	344m	18'07"/km
21.	220	00:02:01	02:15:40	194m	10'24"/km
22.	999	00:00:57	02:16:37	165m	5'45"/km

Orienteering Software