



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Lisa ELSEN

Omega

Course : DB

Distance : 5160m

Time : 1:15:15,109 (14'35"/km)

1/1

O.K.

[Full result on Webres](#)

1.	139	00:04:08		327m	12'38"/km
2.	145	00:05:04	00:09:12	279m	18'10"/km
3.	150	00:03:03	00:12:15	259m	11'47"/km
4.	158	00:05:31	00:17:46	488m	11'18"/km
5.	160	00:02:15	00:20:01	152m	14'48"/km
6.	162	00:00:00	00:20:01	246m	0'00"/km
7.	166	00:02:57	00:22:58	247m	11'57"/km
8.	176	01:03:29	01:26:27	304m	208'50"/km
9.	173	00:03:39	01:30:06	362m	10'05"/km
10.	180	00:04:38	01:34:44	272m	17'02"/km
11.	182	00:06:59	01:41:43	213m	32'47"/km
12.	192	00:08:07	01:49:50	438m	18'32"/km
13.	190	00:04:12	01:54:02	241m	17'26"/km
14.	206	00:03:07	01:57:09	233m	13'23"/km
15.	203	00:03:13	02:00:22	197m	16'20"/km
16.	194	00:03:53	02:04:15	240m	16'11"/km
17.	195	00:02:30	02:06:45	170m	14'42"/km
18.	220	00:04:24	02:11:09	324m	13'35"/km
19.	999	00:00:48	02:11:57	165m	4'51"/km

Orienteering Software