



**BK lange afstand**  
**Helchterenbos - Koersel 19.9.2021**  
**K.O.L.**

**Marine SILLIEN**

C.O. Pégase

Course : DE

Distance : 9170m

Time : 1:14:45 (8'09"/km)

**3/12**

O.K.

[Full result on Webres](#)

1. Anna SERRALLONGA
2. Ems DE SMUL

1:06:47  
1:08:07

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 135 | 00:11:53 |          | 523m  | 22'43"/km |
| 2.  | 132 | 00:01:32 | 00:13:25 | 251m  | 6'07"/km  |
| 3.  | 126 | 00:02:15 | 00:15:40 | 402m  | 5'36"/km  |
| 4.  | 116 | 00:04:00 | 00:19:40 | 660m  | 6'04"/km  |
| 5.  | 118 | 00:01:44 | 00:21:24 | 254m  | 6'49"/km  |
| 6.  | 109 | 00:03:45 | 00:25:09 | 606m  | 6'11"/km  |
| 7.  | 134 | 00:02:43 | 00:27:52 | 318m  | 8'33"/km  |
| 8.  | 143 | 00:02:48 | 00:30:40 | 355m  | 7'53"/km  |
| 9.  | 146 | 00:01:55 | 00:32:35 | 265m  | 7'14"/km  |
| 10. | 153 | 00:01:30 | 00:34:05 | 194m  | 7'44"/km  |
| 11. | 156 | 00:01:13 | 00:35:18 | 162m  | 7'31"/km  |
| 12. | 162 | 00:00:00 | 00:35:18 | 354m  | 0'00"/km  |
| 13. | 181 | 01:08:03 | 01:43:21 | 1262m | 53'55"/km |
| 14. | 185 | 00:04:16 | 01:47:37 | 537m  | 7'57"/km  |
| 15. | 184 | 00:01:31 | 01:49:08 | 180m  | 8'26"/km  |
| 16. | 186 | 00:03:09 | 01:52:17 | 457m  | 6'54"/km  |
| 17. | 187 | 00:02:29 | 01:54:46 | 246m  | 10'06"/km |
| 18. | 208 | 00:05:47 | 02:00:33 | 620m  | 9'20"/km  |
| 19. | 206 | 00:02:08 | 02:02:41 | 327m  | 6'31"/km  |
| 20. | 191 | 00:01:52 | 02:04:33 | 244m  | 7'39"/km  |
| 21. | 192 | 00:00:50 | 02:05:23 | 122m  | 6'50"/km  |
| 22. | 204 | 00:02:38 | 02:08:01 | 308m  | 8'33"/km  |
| 23. | 220 | 00:03:44 | 02:11:45 | 356m  | 10'29"/km |
| 24. | 999 | 00:00:39 | 02:12:24 | 165m  | 3'56"/km  |

Orienteering Software