

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

José Antonio PALOMO LÓPEZ

Individual (BE)

Course : H:Noir long

Distance : 5000m (Climbing 90m)

Time : 1:55:15 (23'03"/km)

24/26

O.K.

[Full result on Webres](#)

1. Marc MEEUWSEN	0:44:30
2. Alain MAZY	0:45:50
3. Bart VAN DE MOORTELE	0:47:43

1.	158	00:09:44		451m	21'35"/km
2.	149	00:04:06	00:13:50	141m	29'05"/km
3.	31	00:04:40	00:18:30	252m	18'31"/km
4.	83	00:04:14	00:22:44	184m	23'00"/km
5.	147	00:05:33	00:28:17	324m	17'08"/km
6.	156	00:10:59	00:39:16	272m	40'23"/km
7.	143	00:07:39	00:46:55	494m	15'29"/km
8.	87	00:04:58	00:51:53	207m	24'00"/km
9.	161	00:03:32	00:55:25	186m	19'00"/km
10.	82	00:09:18	01:04:43	387m	24'02"/km
11.	163	00:02:14	01:06:57	94m	23'46"/km
12.	152	00:07:15	01:14:12	275m	26'22"/km
13.	151	00:06:25	01:20:37	200m	32'05"/km
14.	164	00:13:39	01:34:16	501m	27'15"/km
15.	86	00:04:43	01:38:59	183m	25'46"/km
16.	88	00:02:29	01:41:28	90m	27'36"/km
17.	89	00:02:50	01:44:18	166m	17'04"/km
18.	81	00:07:50	01:52:08	421m	18'36"/km
19.	122	00:02:32	01:54:40	122m	20'46"/km
20.	999	00:00:35	01:55:15	99m	5'54"/km

Orienteering Software