

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Rudi AERTS

Omega

Circuit : H:Noir long

Distance : 5000m (Dénivelé 90m)

Temps : 1:05:41 (13'08"/km)

14/26

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|---------|
| 1. Marc MEEUWSEN | 0:44:30 |
| 2. Alain MAZY | 0:45:50 |
| 3. Bart VAN DE MOORTE | 0:47:43 |

1.	158	00:03:33		451m	7'52"/km
2.	149	00:02:24	00:05:57	141m	17'01"/km
3.	31	00:03:07	00:09:04	252m	12'22"/km
4.	83	00:02:18	00:11:22	184m	12'30"/km
5.	147	00:04:33	00:15:55	324m	14'03"/km
6.	156	00:02:39	00:18:34	272m	9'45"/km
7.	143	00:04:03	00:22:37	494m	8'12"/km
8.	87	00:02:37	00:25:14	207m	12'38"/km
9.	161	00:02:08	00:27:22	186m	11'28"/km
10.	82	00:04:47	00:32:09	387m	12'22"/km
11.	163	00:02:18	00:34:27	94m	24'28"/km
12.	152	00:05:31	00:39:58	275m	20'04"/km
13.	151	00:03:33	00:43:31	200m	17'45"/km
14.	164	00:06:13	00:49:44	501m	12'25"/km
15.	86	00:02:43	00:52:27	183m	14'51"/km
16.	88	00:01:42	00:54:09	90m	18'53"/km
17.	89	00:03:09	00:57:18	166m	18'59"/km
18.	81	00:06:22	01:03:40	421m	15'07"/km
19.	122	00:01:42	01:05:22	122m	13'56"/km
20.	999	00:00:19	01:05:41	99m	3'12"/km

Orienteering Software