

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Jean-François DEBEN

SUD O LUX

Course : H:Noir très long

Distance : 6900m (Climbing 150m)

Time : 1:27:29 (12'41"/km)

9/13

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|---------|
| 1. Christophe BERNARD | 0:51:25 |
| 2. François VAN DER OUDERAA | 0:56:18 |
| 3. François HANZEN | 0:59:21 |

1.	155	00:05:52		279m	21'02"/km
2.	144	00:02:07	00:07:59	191m	11'05"/km
3.	158	00:04:55	00:12:54	513m	9'35"/km
4.	162	00:02:20	00:15:14	213m	10'57"/km
5.	156	00:05:47	00:21:01	354m	16'20"/km
6.	147	00:04:16	00:25:17	272m	15'41"/km
7.	83	00:09:18	00:34:35	324m	28'42"/km
8.	85	00:02:16	00:36:51	181m	12'31"/km
9.	148	00:02:40	00:39:31	267m	9'59"/km
10.	149	00:03:31	00:43:02	376m	9'21"/km
11.	162	00:02:41	00:45:43	308m	8'43"/km
12.	161	00:06:06	00:51:49	890m	6'51"/km
13.	153	00:07:41	00:59:30	525m	14'38"/km
14.	151	00:04:29	01:03:59	249m	18'00"/km
15.	152	00:02:36	01:06:35	200m	13'00"/km
16.	163	00:04:10	01:10:45	275m	15'09"/km
17.	164	00:02:55	01:13:40	296m	9'51"/km
18.	86	00:01:34	01:15:14	183m	8'34"/km
19.	88	00:05:21	01:20:35	90m	59'27"/km
20.	89	00:01:24	01:21:59	166m	8'26"/km
21.	134	00:02:33	01:24:32	359m	7'06"/km
22.	81	00:01:20	01:25:52	126m	10'35"/km
23.	122	00:01:23	01:27:15	122m	11'20"/km
24.	999	00:00:14	01:27:29	99m	2'21"/km

Orienteering Software