

Régionale Middle distance 9 parcours

Lagland 11.9.2021

C.O. Liège

Aline HERMANS

C.O. Liège

Circuit : D:Noir moyen

Distance : 4400m (Dénivelé 80m)

Temps : 0:57:48 (13'08"/km)

4/15

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Greet OEYEN | 0:41:34 |
| 2. Rasa ENGSTEDT | 0:50:48 |
| 3. Claudia ROOMAN | 0:55:56 |

1.	70	00:02:39		354m	7'29"/km
2.	33	00:02:15	00:04:54	210m	10'43"/km
3.	83	00:03:20	00:08:14	207m	16'06"/km
4.	32	00:02:54	00:11:08	191m	15'11"/km
5.	147	00:01:42	00:12:50	141m	12'03"/km
6.	156	00:02:33	00:15:23	272m	9'22"/km
7.	155	00:10:56	00:26:19		
8.	143	00:00:45	00:27:04		
9.	87	00:01:59	00:29:03	207m	9'35"/km
10.	161	00:03:01	00:32:04	186m	16'13"/km
11.	163	00:05:35	00:37:39	381m	14'39"/km
12.	73	00:02:30	00:40:09	204m	12'15"/km
13.	151	00:04:56	00:45:05	239m	20'38"/km
14.	153	00:02:42	00:47:47	249m	10'51"/km
15.	154	00:03:25	00:51:12	286m	11'57"/km
16.	134	00:03:08	00:54:20	456m	6'52"/km
17.	81	00:01:37	00:55:57	126m	12'50"/km
18.	122	00:01:36	00:57:33	122m	13'07"/km
19.	999	00:00:15	00:57:48	99m	2'32"/km

Orienteering Software