



SIMULADO TRIATHLON E CORRIDA ATHLETICA

MACEIÓ - AL 4.9.2021

ATHLETICA

Marcos

ATHLETICA

Course : 21KM MASCULINO

Distance : 21000m

Time : 1:53:50 (5'25"/km)

1/3

O.K.

[Full result on Webres](#)

2. André 2:01:27
3. Gustavo 2:19:02

1.	85	00:12:52		2500m	5'09"/km	RETORNO 5KM
2.	86	00:13:07	00:25:59			RETORNO 10KM
3.	87	00:01:10	00:27:09			RETORNO 21KM 2X
4.	86	00:01:11	00:28:20			RETORNO 10KM
5.	85	00:13:03	00:41:23			RETORNO 5KM
6.	84	00:13:07	00:54:30	2500m	5'15"/km	LARGADA, RETORNO E CHEGADA CORRIDA
7.	85	00:13:32	01:08:02	2500m	5'25"/km	RETORNO 5KM
8.	86	00:14:31	01:22:33			RETORNO 10KM
9.	87	00:01:18	01:23:51			RETORNO 21KM 2X
10.	86	00:01:17	01:25:08			RETORNO 10KM
11.	85	00:14:39	01:39:47			RETORNO 5KM
12.	84	00:14:03	01:53:50	2500m	5'37"/km	LARGADA, RETORNO E CHEGADA CORRIDA

HELGA

Orienteering Software