



SIMULADO TRIATHLON E CORRIDA ATHLETICA

MACEIÓ - AL 4.9.2021

ATHLETICA

Fábio

ATHLETICA

Course : 10KM MASCULINO

Distance : 10000m

Time : 0:49:41 (4'58"/km)

4/9

O.K.

[Full result on Webres](#)

1. Tiago	0:43:56
2. Aldemir	0:47:13
3. Antonio	0:49:24

1.	85	00:16:07		2500m	6'27"/km	RETORNO 5KM
2.	86	00:12:43	00:28:50			RETORNO 10KM
3.	85	00:12:41	00:41:31			RETORNO 5KM
4.	84	00:12:10	00:53:41	2500m	4'52"/km	LARGADA, RETORNO E CHEGADA CORRIDA

HELGA



Orienteering Software