



SIMULADO TRIATHLON E CORRIDA ATHLETICA

MACEIÓ - AL 4.9.2021

ATHLETICA

Tiago

ATHLETICA

Course : 10KM MASCULINO

Distance : 10000m

Time : 0:43:56 (4'24"/km)

1/9

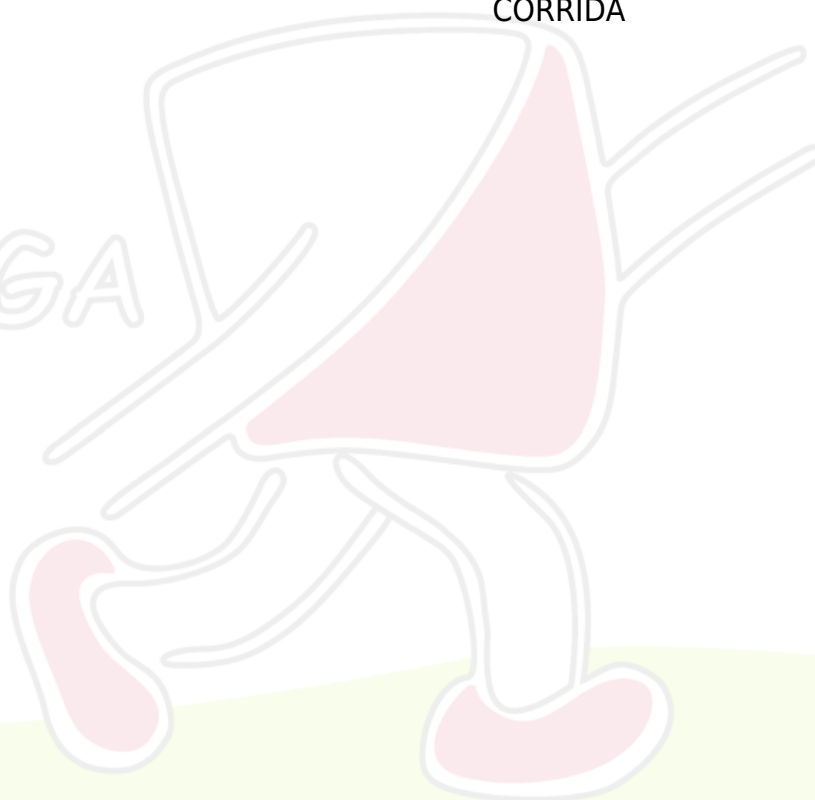
O.K.

[Full result on Webres](#)

2. Aldemir 0:47:13
3. Antonio 0:49:24

1.	85	00:11:24		2500m	4'34"/km	RETORNO 5KM
2.	86	00:11:06	00:22:30			RETORNO 10KM
3.	85	00:10:53	00:33:23			RETORNO 5KM
4.	84	00:10:46	00:44:09	2500m	4'18"/km	LARGADA, RETORNO E CHEGADA CORRIDA
5.	82	00:05:29	00:49:38			ENTRADA NA TRANSIÇÃO
6.	84	00:07:18	00:56:56			LARGADA, RETORNO E CHEGADA CORRIDA

HELGA



Orienteering Software