



# FRSO-Mitteldistanz

## Hinter den Sandgruben 5.9.2021

### O.L.G. St. Vith ARDOC

**Patrick HOCK**

O.L.G. St. Vith ARDOC

Strecke : H. Masters A

Länge : 4990m (Steigung 115m)

Zeit : 0:57:03 (11'26"/km)

**13/18**

O.K.

[Vollständige Ergebnisse auf Webres](#)

|                    |         |
|--------------------|---------|
| 1. Guido LENGES    | 0:38:43 |
| 2. Klaus SCHWALL   | 0:39:31 |
| 3. Patrick MAYERES | 0:42:58 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 76  | 00:06:09 |          | 349m | 17'37"/km |
| 2.  | 104 | 00:02:37 | 00:08:46 | 169m | 15'29"/km |
| 3.  | 77  | 00:02:23 | 00:11:09 | 156m | 15'17"/km |
| 4.  | 78  | 00:03:47 | 00:14:56 | 172m | 22'00"/km |
| 5.  | 82  | 00:08:05 | 00:23:01 | 751m | 10'46"/km |
| 6.  | 112 | 00:02:50 | 00:25:51 | 387m | 7'19"/km  |
| 7.  | 113 | 00:01:20 | 00:27:11 | 129m | 10'20"/km |
| 8.  | 85  | 00:00:53 | 00:28:04 | 98m  | 9'01"/km  |
| 9.  | 88  | 00:01:39 | 00:29:43 | 226m | 7'18"/km  |
| 10. | 89  | 00:01:57 | 00:31:40 | 204m | 9'34"/km  |
| 11. | 122 | 00:02:49 | 00:34:29 | 264m | 10'40"/km |
| 12. | 94  | 00:03:55 | 00:38:24 | 363m | 10'47"/km |
| 13. | 114 | 00:03:02 | 00:41:26 | 318m | 9'32"/km  |
| 14. | 118 | 00:05:38 | 00:47:04 | 368m | 15'18"/km |
| 15. | 98  | 00:02:51 | 00:49:55 | 152m | 18'45"/km |
| 16. | 99  | 00:02:08 | 00:52:03 | 170m | 12'33"/km |
| 17. | 110 | 00:02:30 | 00:54:33 | 285m | 8'46"/km  |
| 18. | 111 | 00:01:06 | 00:55:39 | 138m | 7'58"/km  |
| 19. | 165 | 00:00:52 | 00:56:31 | 124m | 6'59"/km  |
| 20. | 999 | 00:00:32 | 00:57:03 | 124m | 4'18"/km  |

Orienteering Software