



# FRSO-Mitteldistanz Hinter den Sandgruben 5.9.2021 O.L.G. St. Vith ARDOC

**Françoise CHATELAIN-NANOUX**

Hermathenae

Course : D. Masters D

Distance : 2300m (Climbing 50m)

Time : 1:05:33 (28'30"/km)

5/6

O.K.

[Full result on Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Monique DEFFENSE | 0:39:05 |
| 2. Lieve GEENS      | 0:46:55 |
| 3. Agnès PONCELET   | 0:51:00 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 121 | 00:03:26 |          | 204m | 16'50"/km |
| 2.  | 115 | 00:11:26 | 00:14:52 | 142m | 80'31"/km |
| 3.  | 75  | 00:03:39 | 00:18:31 | 88m  | 41'29"/km |
| 4.  | 116 | 00:03:33 | 00:22:04 | 101m | 35'09"/km |
| 5.  | 78  | 00:05:59 | 00:28:03 | 222m | 26'57"/km |
| 6.  | 77  | 00:07:59 | 00:36:02 | 172m | 46'25"/km |
| 7.  | 98  | 00:09:22 | 00:45:24 | 376m | 24'55"/km |
| 8.  | 97  | 00:04:45 | 00:50:09 | 79m  | 60'08"/km |
| 9.  | 109 | 00:04:37 | 00:54:46 | 163m | 28'19"/km |
| 10. | 117 | 00:04:06 | 00:58:52 | 220m | 18'38"/km |
| 11. | 100 | 00:03:43 | 01:02:35 | 236m | 15'45"/km |
| 12. | 165 | 00:01:54 | 01:04:29 | 132m | 14'24"/km |
| 13. | 999 | 00:01:04 | 01:05:33 | 124m | 8'36"/km  |

HELGA

Orienteering Software