



# Régionale Moyenne Distance

## Macôt La Plagne 30.7.2021

### 7300 - CD Savoie

**Nathan GIL SILVEIRA**

9404IF AS IGN

Circuit : Vert

Distance : 1800m (Dénivelé 5m)

Temps : 1:48:43 (60'24"/km)

**22/24**

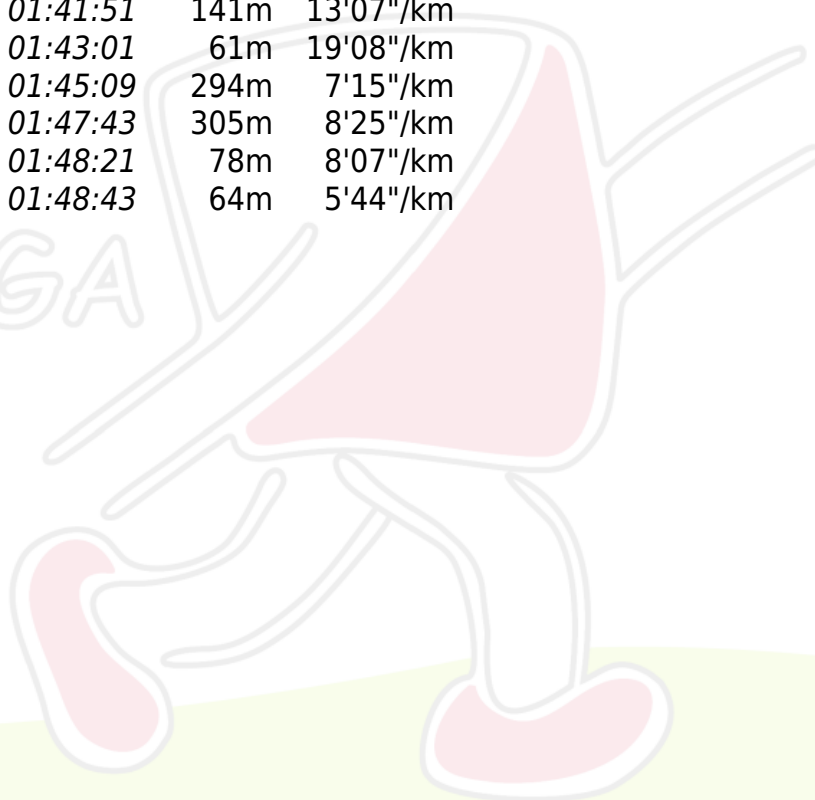
O.K.

[Résultats complets sur Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Erwan LE ROUX  | 0:11:40 |
| 2. Garance PERRIN | 0:12:11 |
| 3. Jean LE ROUX   | 0:12:20 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 31  | 01:29:09 |          | 108m | 825'28"/km |
| 2.  | 32  | 00:01:14 | 01:30:23 | 79m  | 15'37"/km  |
| 3.  | 33  | 00:02:04 | 01:32:27 | 165m | 12'32"/km  |
| 4.  | 34  | 00:01:44 | 01:34:11 | 191m | 9'05"/km   |
| 5.  | 35  | 00:02:13 | 01:36:24 | 58m  | 38'13"/km  |
| 6.  | 36  | 00:00:57 | 01:37:21 | 54m  | 17'36"/km  |
| 7.  | 37  | 00:02:39 | 01:40:00 | 89m  | 29'47"/km  |
| 8.  | 38  | 00:01:51 | 01:41:51 | 141m | 13'07"/km  |
| 9.  | 39  | 00:01:10 | 01:43:01 | 61m  | 19'08"/km  |
| 10. | 40  | 00:02:08 | 01:45:09 | 294m | 7'15"/km   |
| 11. | 41  | 00:02:34 | 01:47:43 | 305m | 8'25"/km   |
| 12. | 100 | 00:00:38 | 01:48:21 | 78m  | 8'07"/km   |
| 13. | 999 | 00:00:22 | 01:48:43 | 64m  | 5'44"/km   |

HELGA



Orienteering Software