



## Regionale City O

MOL 4.5.2024

K.O.L.

**Jan VAN DER ELST**

Omega

Omloop : H:01

Afstand : 9070m

Tijd : 0:57:56 (6'23"/km)

**14/19**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:37:20 |
| 2. Martijn HUS     | 0:37:25 |
| 3. Wouter HUS      | 0:38:11 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 185 | 00:01:52 |          | 163m | 11'27"/km |
| 2.  | 175 | 00:01:17 | 00:03:09 | 169m | 7'36"/km  |
| 3.  | 187 | 00:01:12 | 00:04:21 | 157m | 7'39"/km  |
| 4.  | 207 | 00:01:10 | 00:05:31 | 110m | 10'36"/km |
| 5.  | 206 | 00:00:59 | 00:06:30 | 109m | 9'01"/km  |
| 6.  | 208 | 00:00:27 | 00:06:57 | 59m  | 7'38"/km  |
| 7.  | 188 | 00:01:09 | 00:08:06 | 87m  | 13'13"/km |
| 8.  | 189 | 00:00:00 | 00:08:06 | 27m  | 0'00"/km  |
| 9.  | 215 | 00:03:01 | 00:11:07 | 421m | 7'10"/km  |
| 10. | 221 | 00:02:33 | 00:13:40 | 298m | 8'33"/km  |
| 11. | 217 | 00:01:16 | 00:14:56 | 205m | 6'11"/km  |
| 12. | 191 | 00:00:48 | 00:15:44 | 102m | 7'51"/km  |
| 13. | 192 | 00:01:13 | 00:16:57 | 130m | 9'22"/km  |
| 14. | 216 | 00:00:54 | 00:17:51 | 143m | 6'18"/km  |
| 15. | 214 | 00:02:01 | 00:19:52 | 254m | 7'56"/km  |
| 16. | 213 | 00:02:04 | 00:21:56 | 308m | 6'43"/km  |
| 17. | 193 | 00:00:53 | 00:22:49 | 114m | 7'45"/km  |
| 18. | 222 | 00:02:35 | 00:25:24 | 383m | 6'45"/km  |
| 19. | 194 | 00:00:30 | 00:25:54 | 58m  | 8'37"/km  |
| 20. | 195 | 00:02:12 | 00:28:06 | 270m | 8'09"/km  |
| 21. | 224 | 00:05:46 | 00:33:52 | 760m | 7'35"/km  |
| 22. | 201 | 00:02:00 | 00:35:52 | 146m | 13'42"/km |
| 23. | 202 | 00:00:58 | 00:36:50 | 125m | 7'44"/km  |
| 24. | 198 | 00:01:45 | 00:38:35 | 110m | 15'55"/km |
| 25. | 209 | 00:01:16 | 00:39:51 | 208m | 6'05"/km  |
| 26. | 199 | 00:00:28 | 00:40:19 | 33m  | 14'08"/km |
| 27. | 225 | 00:01:29 | 00:41:48 | 199m | 7'27"/km  |
| 28. | 237 | 00:01:48 | 00:43:36 | 68m  | 26'28"/km |
| 29. | 223 | 00:01:28 | 00:45:04 | 144m | 10'11"/km |
| 30. | 203 | 00:00:47 | 00:45:51 | 146m | 5'22"/km  |
| 31. | 204 | 00:01:09 | 00:47:00 | 24m  | 47'55"/km |
| 32. | 182 | 00:01:32 | 00:48:32 | 234m | 6'33"/km  |
| 33. | 183 | 00:01:55 | 00:50:27 | 152m | 12'37"/km |
| 34. | 179 | 00:00:46 | 00:51:13 | 120m | 6'23"/km  |
| 35. | 176 | 00:00:33 | 00:51:46 | 68m  | 8'05"/km  |
| 36. | 177 | 00:00:26 | 00:52:12 | 47m  | 9'13"/km  |



|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 37. | 178 | 00:00:45 | 00:52:57 | 96m  | 7'49"/km  |
| 38. | 172 | 00:03:06 | 00:56:03 | 277m | 11'11"/km |
| 39. | 171 | 00:01:27 | 00:57:30 | 99m  | 14'39"/km |
| 40. | 999 | 00:00:26 | 00:57:56 | 75m  | 5'47"/km  |

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