



# VK Sprint

## Houthalen 21.4.2024

### K.O.L.

**Claudia ROOMAN**

Antwerp Orienteers

Omloop : D. Open

Afstand : 3470m

Tijd : 0:18:08 (5'14"/km)

**6/15**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Danielle DEWICKERE | 0:16:18 |
| 2. Ems DE SMUL        | 0:16:42 |
| 3. Kim GEYPEN         | 0:17:00 |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 1.  | 104 | 00:00:53 |          | 154m | 5'44"/km |
| 2.  | 107 | 00:01:15 | 00:02:08 | 163m | 7'40"/km |
| 3.  | 150 | 00:00:46 | 00:02:54 | 111m | 6'54"/km |
| 4.  | 151 | 00:01:22 | 00:04:16 | 203m | 6'44"/km |
| 5.  | 124 | 00:01:23 | 00:05:39 | 211m | 6'33"/km |
| 6.  | 120 | 00:00:33 | 00:06:12 | 103m | 5'20"/km |
| 7.  | 119 | 00:00:18 | 00:06:30 | 54m  | 5'33"/km |
| 8.  | 123 | 00:01:06 | 00:07:36 | 151m | 7'17"/km |
| 9.  | 125 | 00:00:46 | 00:08:22 | 97m  | 7'54"/km |
| 10. | 127 | 00:01:12 | 00:09:34 | 195m | 6'09"/km |
| 11. | 128 | 00:00:15 | 00:09:49 | 27m  | 9'16"/km |
| 12. | 129 | 00:00:15 | 00:10:04 | 31m  | 8'04"/km |
| 13. | 130 | 00:00:53 | 00:10:57 | 154m | 5'44"/km |
| 14. | 131 | 00:00:36 | 00:11:33 | 110m | 5'27"/km |
| 15. | 135 | 00:01:49 | 00:13:22 | 190m | 9'34"/km |
| 16. | 136 | 00:00:11 | 00:13:33 | 28m  | 6'33"/km |
| 17. | 139 | 00:00:33 | 00:14:06 | 86m  | 6'24"/km |
| 18. | 142 | 00:00:41 | 00:14:47 | 78m  | 8'46"/km |
| 19. | 143 | 00:00:35 | 00:15:22 | 69m  | 8'27"/km |
| 20. | 145 | 00:00:21 | 00:15:43 | 46m  | 7'37"/km |
| 21. | 133 | 00:00:49 | 00:16:32 | 130m | 6'17"/km |
| 22. | 146 | 00:00:47 | 00:17:19 | 96m  | 8'10"/km |
| 23. | 200 | 00:00:19 | 00:17:38 | 47m  | 6'44"/km |
| 24. | 999 | 00:00:30 | 00:18:08 | 141m | 3'33"/km |

Orienteering Software