



2ª Etapa - III CiPOS 2024
Maxaranguape - RN 20.4.2024
Clube de Orientação de Natal

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ROTA ALTERNATIVA

Percurso : H ADULTO E

Distancia : 3000m (Desnivel 60m)

Tempo : 0:21:51 (7'17"/km)

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O.K.

[Resultados completos em Webres](#)

1. Luiz Felipe Peixoto Pennafort

0:19:08

1.	84	00:01:14		181m	6'49"/km
2.	109	00:02:07	00:03:21	255m	8'18"/km
3.	93	00:01:11	00:04:32	213m	5'33"/km
4.	96	00:02:02	00:06:34	280m	7'16"/km
5.	113	00:04:29	00:11:03	400m	11'12"/km
6.	111	00:01:55	00:12:58	293m	6'32"/km
7.	102	00:02:32	00:15:30	364m	6'58"/km
8.	114	00:02:00	00:17:30	351m	5'42"/km
9.	105	00:01:39	00:19:09	243m	6'47"/km
10.	82	00:01:47	00:20:56	250m	7'08"/km
11.	81	00:00:45	00:21:41	93m	8'04"/km
12.	999	00:00:10	00:21:51	46m	3'37"/km

HELGA

Orienteering Software