



Indoor Outdoor Aflossing Heusden-Zolder 20.4.2024 K.O.L.

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VANREUSEL**

Indoor-Outdoor aflossing
Omloop : Mixed 100+ (#1)

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niet geklasseerd

[Volledige uitslagen op Webres](#)

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|----------------------|---------|
| 1. Indoor-Outdoor 33 | 2:21:18 |
| 2. Indoor-Outdoor 34 | 2:23:04 |
| 3. Indoor-Outdoor 37 | 2:28:24 |

1.	224	00:01:45		88m	19'53"/km
2.	213	00:02:49	00:04:34	401m	7'01"/km
3.	210	00:01:42	00:06:16	177m	9'36"/km
4.	215	00:02:48	00:09:04	301m	9'18"/km
5.	223	00:03:21	00:12:25	319m	10'30"/km
6.	218	00:00:58	00:13:23	163m	5'56"/km
7.	238	00:00:53	00:14:16	116m	7'37"/km
8.	236	00:00:51	00:15:07	27m	31'29"/km
9.	226	00:04:14	00:19:21	71m	59'37"/km
10.	237	00:02:21	00:21:42	46m	51'05"/km
11.	231	00:00:43	00:22:25	86m	8'20"/km
12.	230	00:00:50	00:23:15	85m	9'48"/km
13.	43	00:09:18	00:32:33	564m	16'29"/km
14.	50	00:11:58	00:44:31	146m	81'58"/km
15.	57	00:06:22	00:50:53	326m	19'32"/km
16.	38	00:13:17	01:04:10	185m	71'48"/km
17.	49	00:05:46	01:09:56	100m	57'40"/km
18.	54	00:17:08	01:27:04	170m	100'47"/km
19.	31	00:08:08	01:35:12	197m	41'17"/km
20.	39	00:02:09	01:37:21	53m	40'34"/km
21.	46	00:10:46	01:48:07	190m	56'40"/km
22.	62	00:04:46	01:52:53	227m	21'00"/km
23.	37	00:05:46	01:58:39	184m	31'20"/km
24.	33	00:04:14	02:02:53	148m	28'36"/km
25.	44	00:11:43	02:14:36	148m	79'10"/km
26.	51	00:08:25	02:23:01	143m	58'51"/km
27.	57	00:05:22	02:28:23	321m	16'43"/km
28.	38	00:04:37	02:33:00	185m	24'57"/km
29.	49	00:04:25	02:37:25	100m	44'10"/km
30.	55	00:02:18	02:39:43	166m	13'51"/km
31.	31	00:08:48	02:48:31	157m	56'03"/km
32.	39	00:03:42	02:52:13	53m	69'49"/km
33.	45	00:06:46	02:58:59	214m	31'37"/km
34.	63	00:04:59	03:03:58	270m	18'27"/km
35.	36	00:01:51	03:05:49	175m	10'34"/km
36.	33	00:02:23	03:08:12	149m	16'00"/km
37.	999	00:00:35	03:08:47		