

Heaven training

Godbrange 20.4.2024

Luxembourg Orienteering Club

Dirk HARTMANN

Luxembourg Orienteering Club

Course : Deer

Distance : 4300m (Climbing 170m)

Time : 1:00:37,808 (14'06"/km)

3/13

O.K.

[Full result on Webres](#)

- | | |
|---------------------|-------------|
| 1. Jevgenijs SPROGE | 0:47:14,996 |
| 2. Max MULLER | 0:51:26,269 |

1.	132	00:05:18		508m	10'26"/km
2.	133	00:01:23	00:06:41	108m	12'49"/km
3.	134	00:02:48	00:09:29	174m	16'06"/km
4.	135	00:02:44	00:12:13	206m	13'16"/km
5.	137	00:02:35	00:14:48	154m	16'46"/km
6.	139	00:03:29	00:18:17	241m	14'27"/km
7.	149	00:04:51	00:23:08	328m	14'47"/km
8.	147	00:03:24	00:26:32	201m	16'55"/km
9.	144	00:02:25	00:28:57	147m	16'26"/km
10.	141	00:03:47	00:32:44	291m	13'00"/km
11.	140	00:03:18	00:36:02	192m	17'11"/km
12.	142	00:03:38	00:39:40	207m	17'33"/km
13.	146	00:02:19	00:41:59	142m	16'19"/km
14.	148	00:02:18	00:44:17	141m	16'19"/km
15.	136	00:07:19	00:51:36	420m	17'25"/km
16.	151	00:04:06	00:55:42	243m	16'52"/km
17.	153	00:02:11	00:57:53	165m	13'14"/km
18.	999	00:02:44	01:00:37	388m	7'03"/km

Orienteering Software