

# Nationale Moyenne Distance

## Weris 17.3.2024

### Hermathenae

#### Poi GILLET

Pégase CO

Circuit : H75

Distance : 2530m (Dénivelé 60m)

Temps : 0:52:18 (20'40"/km)

**11/12**

O.K.

[Résultats complets sur Webres](#)

- |                      |         |
|----------------------|---------|
| 1. Freddy SILLIEN    | 0:22:35 |
| 2. Christian KRINGS  | 0:27:05 |
| 3. Pierre PARMENTIER | 0:30:16 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 146 | 00:04:21 |          | 202m | 21'32"/km |
| 2.  | 150 | 00:02:11 | 00:06:32 | 162m | 13'29"/km |
| 3.  | 108 | 00:06:44 | 00:13:16 | 140m | 48'06"/km |
| 4.  | 99  | 00:04:42 | 00:17:58 | 237m | 19'50"/km |
| 5.  | 139 | 00:02:16 | 00:20:14 | 176m | 12'53"/km |
| 6.  | 112 | 00:07:28 | 00:27:42 | 331m | 22'33"/km |
| 7.  | 121 | 00:02:52 | 00:30:34 | 85m  | 33'44"/km |
| 8.  | 90  | 00:04:34 | 00:35:08 | 210m | 21'45"/km |
| 9.  | 101 | 00:04:47 | 00:39:55 | 305m | 15'41"/km |
| 10. | 127 | 00:02:47 | 00:42:42 | 124m | 22'27"/km |
| 11. | 136 | 00:06:56 | 00:49:38 | 164m | 42'17"/km |
| 12. | 129 | 00:01:51 | 00:51:29 | 167m | 11'05"/km |
| 13. | 999 | 00:00:49 | 00:52:18 | 151m | 5'25"/km  |

HELGA

Orienteering Software