

AOS Groen Kwartier

Berchem 7.3.2024

Antwerp Orienteers

Rik VAN BRUGGEN

TROL

Course : H:LANG

Distance : 4630m

Time : 0:33:33 (7'15"/km)

37/49

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:17:02 |
| 2. Warre DE CUYPER | 0:17:07 |
| 3. Ruben GRIETENS | 0:18:41 |

1.	32	00:01:37		200m	8'05"/km
2.	33	00:01:19	00:02:56	140m	9'24"/km
3.	46	00:00:45	00:03:41	93m	8'04"/km
4.	47	00:00:26	00:04:07	78m	5'33"/km
5.	39	00:01:49	00:05:56	218m	8'20"/km
6.	38	00:04:20	00:10:16	512m	8'28"/km
7.	40	00:02:43	00:12:59	296m	9'11"/km
8.	41	00:02:53	00:15:52	319m	9'02"/km
9.	42	00:00:18	00:16:10	63m	4'46"/km
10.	43	00:00:46	00:16:56	71m	10'48"/km
11.	44	00:05:58	00:22:54	719m	8'18"/km
12.	45	00:02:45	00:25:39	264m	10'25"/km
13.	36	00:00:35	00:26:14	47m	12'25"/km
14.	35	00:00:28	00:26:42	128m	3'39"/km
15.	48	00:01:57	00:28:39	131m	14'53"/km
16.	34	00:01:40	00:30:19	125m	13'20"/km
17.	49	00:00:28	00:30:47	66m	7'04"/km
18.	37	00:02:23	00:33:10	191m	12'29"/km
19.	31	00:00:20	00:33:30	47m	7'06"/km
20.	999	00:00:03	00:33:33	40m	1'15"/km

Orienteering Software