



Nationale Lang - SOFT

ZWARTE WEG - LEOPOLDSBURG 3.3.2024

K.O.L.

Lieke VAN OPSTAL

K.O.L.

Omloop : D40

Afstand : 7150m

Tijd : 1:02:26 (8'44"/km)

4/10

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Aline HERMANS | 0:51:02 |
| 2. Catherine HOOFD | 0:57:13 |
| 3. Béatrice DE LONGUEVILLE | 0:58:53 |

1.	153	00:01:46		195m	9'04"/km
2.	200	00:02:17	00:04:03	244m	9'21"/km
3.	201	00:07:54	00:11:57	1062m	7'26"/km
4.	199	00:04:04	00:16:01	471m	8'38"/km
5.	197	00:03:42	00:19:43	531m	6'58"/km
6.	196	00:05:23	00:25:06	543m	9'55"/km
7.	195	00:01:53	00:26:59	174m	10'49"/km
8.	216	00:01:53	00:28:52	187m	10'04"/km
9.	227	00:04:30	00:33:22	560m	8'02"/km
10.	170	00:01:34	00:34:56	194m	8'05"/km
11.	171	00:01:45	00:36:41	208m	8'25"/km
12.	167	00:03:16	00:39:57	346m	9'26"/km
13.	214	00:01:43	00:41:40	191m	8'59"/km
14.	213	00:03:10	00:44:50	316m	10'01"/km
15.	180	00:04:11	00:49:01	445m	9'24"/km
16.	207	00:02:38	00:51:39	259m	10'10"/km
17.	151	00:05:24	00:57:03	570m	9'28"/km
18.	204	00:04:10	01:01:13	440m	9'28"/km
19.	220	00:00:53	01:02:06	84m	10'31"/km
20.	999	00:00:21	01:02:27	128m	2'44"/km

Orienteering Software