



Chartreuze en Lindenbos (Forest Cup)

Lubbeek 25.2.2024

Omega

Lennert LENS

hamok

Omloop : H:01

Afstand : 8830m

Tijd : 1:05:09 (7'23"/km)

8/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Marc SERRALLONGA ARQUES | 0:53:27 |
| 2. Desmond FRANSSEN | 0:58:53 |
| 3. Maarten VANCOETSEM | 0:59:29 |

1.	132	00:02:27		91m	26'55"/km
2.	129	00:01:59	00:04:26	247m	8'02"/km
3.	125	00:00:46	00:05:12	106m	7'14"/km
4.	121	00:00:46	00:05:58	122m	6'17"/km
5.	116	00:03:29	00:09:27	569m	6'07"/km
6.	111	00:01:35	00:11:02	276m	5'44"/km
7.	113	00:02:02	00:13:04	243m	8'22"/km
8.	117	00:02:22	00:15:26	268m	8'50"/km
9.	119	00:01:46	00:17:12	230m	7'41"/km
10.	123	00:02:10	00:19:22	345m	6'17"/km
11.	134	00:01:32	00:20:54	246m	6'14"/km
12.	132	00:01:27	00:22:21	250m	5'48"/km
13.	127	00:01:59	00:24:20	321m	6'11"/km
14.	128	00:01:36	00:25:56	297m	5'23"/km
15.	141	00:02:38	00:28:34	533m	4'56"/km
16.	143	00:02:16	00:30:50	340m	6'40"/km
17.	145	00:03:50	00:34:40	291m	13'10"/km
18.	144	00:02:05	00:36:45	237m	8'47"/km
19.	149	00:03:31	00:40:16	475m	7'24"/km
20.	152	00:02:42	00:42:58	413m	6'32"/km
21.	158	00:02:47	00:45:45	347m	8'01"/km
22.	159	00:01:30	00:47:15	153m	9'48"/km
23.	155	00:02:36	00:49:51	381m	6'49"/km
24.	148	00:03:55	00:53:46	423m	9'16"/km
25.	151	00:01:08	00:54:54	163m	6'57"/km
26.	153	00:01:30	00:56:24	239m	6'17"/km
27.	154	00:00:53	00:57:17	97m	9'06"/km
28.	157	00:02:20	00:59:37	321m	7'16"/km
29.	147	00:01:54	01:01:31	206m	9'13"/km
30.	146	00:02:17	01:03:48	266m	8'35"/km
31.	999	00:01:21	01:05:09	280m	4'49"/km