



Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

Thomas VAN DER KLEIJ

hamok

Omloop : H:Orohydro

Afstand : 6190m

Tijd : 0:59:26 (9'36"/km)

7/17

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Benjamin ANCIAUX | 0:39:30 |
| 2. Marc SERRALLONGA ARQUES | 0:42:25 |
| 3. Simon KREKELS | 0:44:27 |

1.	101	00:01:39		147m	11'13"/km
2.	102	00:03:24	00:05:03	316m	10'46"/km
3.	103	00:01:05	00:06:08	117m	9'16"/km
4.	104	00:01:13	00:07:21	109m	11'10"/km
5.	105	00:03:21	00:10:42	364m	9'12"/km
6.	106	00:02:06	00:12:48	253m	8'18"/km
7.	107	00:01:12	00:14:00	141m	8'31"/km
8.	108	00:00:59	00:14:59	80m	12'17"/km
9.	104	00:02:49	00:17:48	280m	10'04"/km
10.	110	00:03:59	00:21:47	335m	11'53"/km
11.	111	00:02:38	00:24:25	274m	9'37"/km
12.	112	00:01:28	00:25:53	180m	8'09"/km
13.	113	00:02:09	00:28:02	215m	10'00"/km
14.	114	00:01:29	00:29:31	219m	6'46"/km
15.	115	00:02:17	00:31:48	282m	8'06"/km
16.	116	00:02:22	00:34:10	299m	7'55"/km
17.	129	00:01:21	00:35:31	154m	8'46"/km
18.	117	00:01:44	00:37:15	235m	7'23"/km
19.	118	00:01:29	00:38:44	179m	8'17"/km
20.	119	00:01:03	00:39:47	125m	8'24"/km
21.	120	00:01:15	00:41:02	109m	11'28"/km
22.	131	00:01:28	00:42:30	194m	7'34"/km
23.	122	00:01:40	00:44:10	232m	7'11"/km
24.	123	00:03:14	00:47:24	369m	8'46"/km
25.	124	00:01:07	00:48:31	84m	13'18"/km
26.	125	00:02:49	00:51:20	267m	10'33"/km
27.	126	00:02:54	00:54:14	276m	10'30"/km
28.	127	00:02:40	00:56:54	147m	18'08"/km
29.	128	00:01:40	00:58:34	118m	14'07"/km
30.	999	00:00:52	00:59:26	86m	10'05"/km