



Militair Regelmatigheidscriterium

Amay 21.2.2024

CC Land Dept Gn

Frank VAN ROOST

OMEGA

Omloop : H:05

Afstand : 4800m (Hoogteverschil 80m)

Tijd : 1:28:39 (18'28"/km)

2/11

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Félix SIX | 1:27:05 |
| 3. Ferdinand MAENEN | 1:46:27 |

1.	109	00:04:31		419m	10'47"/km
2.	108	00:03:19	00:07:50	253m	13'07"/km
3.	126	00:01:38	00:09:28	123m	13'17"/km
4.	125	00:02:52	00:12:20	141m	20'20"/km
5.	124	00:04:48	00:17:08	323m	14'52"/km
6.	113	00:03:27	00:20:35	284m	12'09"/km
7.	115	00:02:53	00:23:28	235m	12'16"/km
8.	116	00:01:50	00:25:18	79m	23'12"/km
9.	117	00:02:34	00:27:52	126m	20'22"/km
10.	121	00:04:48	00:32:40	205m	23'25"/km
11.	128	00:04:52	00:37:32	188m	25'53"/km
12.	129	00:03:24	00:40:56	192m	17'42"/km
13.	137	00:02:10	00:43:06	143m	15'09"/km
14.	134	00:03:42	00:46:48	299m	12'22"/km
15.	135	00:01:11	00:47:59	75m	15'47"/km
16.	145	00:03:08	00:51:07	187m	16'45"/km
17.	169	00:06:27	00:57:34	382m	16'53"/km
18.	160	00:02:06	00:59:40	72m	29'10"/km
19.	164	00:09:28	01:09:08	116m	81'37"/km
20.	155	00:05:54	01:15:02	307m	19'13"/km
21.	157	00:08:10	01:23:12	148m	55'11"/km
22.	168	00:04:13	01:27:25	299m	14'06"/km
23.	180	00:01:14	01:28:39	183m	6'44"/km

Orienteering Software