



Militair Regelmatigheidscriterium

Amay 21.2.2024

CC Land Dept Gn

Raphaël HEINS

IRMEP - KMILO

Omloop : H:02

Afstand : 6700m (Hoogteverschil 170m)

Tijd : 1:16:39 (11'26"/km)

5/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Wiet LAENEN | 1:07:35 |
| 2. Christophe RESTIVO | 1:12:50 |
| 3. Ronald SOMERS | 1:13:03 |

1.	109	00:03:31		419m	8'24"/km
2.	131	00:03:49	00:07:20	380m	10'03"/km
3.	121	00:06:11	00:13:31	424m	14'35"/km
4.	117	00:03:44	00:17:15	205m	18'13"/km
5.	120	00:01:54	00:19:09	187m	10'10"/km
6.	118	00:02:09	00:21:18	130m	16'32"/km
7.	116	00:04:20	00:25:38	334m	12'58"/km
8.	114	00:02:19	00:27:57	183m	12'40"/km
9.	124	00:03:05	00:31:02	371m	8'19"/km
10.	130	00:05:50	00:36:52	336m	17'22"/km
11.	139	00:03:53	00:40:45	359m	10'49"/km
12.	152	00:04:40	00:45:25	679m	6'52"/km
13.	151	00:01:01	00:46:26	48m	21'11"/km
14.	149	00:04:54	00:51:20	266m	18'25"/km
15.	129	00:03:26	00:54:46	465m	7'23"/km
16.	145	00:05:33	01:00:19	508m	10'56"/km
17.	146	00:01:17	01:01:36	96m	13'22"/km
18.	169	00:02:42	01:04:18	286m	9'26"/km
19.	160	00:01:19	01:05:37	72m	18'17"/km
20.	161	00:01:01	01:06:38		
21.	157	00:06:07	01:12:45	393m	15'34"/km
22.	168	00:03:06	01:15:51	299m	10'22"/km
23.	180	00:00:48	01:16:39	183m	4'22"/km

Orienteering Software