



Training SO Bechefa
SO Bechefa 18.2.2024
OLV Eifel

Astrid KUPPER

OLV Eifel

Course : D:Schwarz lang

Distance : 6080m

Time : 1:06:08 (10'53"/km)

1/3

O.K.

[Full result on Webres](#)

2. Astrid VLIEGEN

1:10:26

3. Caroline MARGREVE

1:37:03

1.	101	00:03:02		318m	9'32"/km
2.	102	00:03:03	00:06:05	310m	9'50"/km
3.	103	00:01:41	00:07:46	170m	9'54"/km
4.	104	00:05:58	00:13:44	565m	10'34"/km
5.	105	00:01:40	00:15:24	109m	15'17"/km
6.	106	00:01:09	00:16:33	144m	7'59"/km
7.	107	00:02:34	00:19:07	132m	19'27"/km
8.	108	00:01:42	00:20:49	174m	9'46"/km
9.	109	00:01:02	00:21:51	107m	9'39"/km
10.	110	00:00:56	00:22:47	111m	8'25"/km
11.	111	00:01:23	00:24:10	131m	10'34"/km
12.	112	00:02:32	00:26:42	220m	11'31"/km
13.	113	00:02:21	00:29:03	231m	10'10"/km
14.	114	00:03:39	00:32:42	414m	8'49"/km
15.	115	00:01:40	00:34:22	195m	8'33"/km
16.	116	00:01:52	00:36:14	182m	10'15"/km
17.	241	00:03:08	00:39:22	211m	14'51"/km
18.	242	00:01:32	00:40:54	192m	7'59"/km
19.	243	00:02:04	00:42:58	167m	12'23"/km
20.	117	00:01:17	00:44:15	121m	10'36"/km
21.	118	00:03:25	00:47:40	371m	9'13"/km
22.	220	00:02:55	00:50:35	221m	13'12"/km
23.	221	00:02:28	00:53:03	238m	10'22"/km
24.	222	00:01:21	00:54:24	104m	12'59"/km
25.	223	00:01:49	00:56:13	142m	12'48"/km
26.	224	00:01:58	00:58:11	115m	17'06"/km
27.	225	00:02:21	01:00:32	113m	20'48"/km
28.	226	00:01:27	01:01:59	113m	12'50"/km
29.	227	00:01:58	01:03:57	180m	10'56"/km
30.	228	00:01:28	01:05:25	149m	9'51"/km
31.	120	00:00:43	01:06:08	130m	5'31"/km