



2 Jours du Hainaut - Longue distance

Baudour 17.2.2024

C.O. Militaire Belge

Ronald SOMERS

K.O.L.

Circuit : H:Noir Moyen

Distance : 7600m

Temps : 1:21:48 (10'46"/km)

3/8

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|---------|
| 1. Serge DUSZA | 1:09:38 |
| 2. Olivier DE SMUL | 1:15:14 |

1.	166	00:04:14		420m	10'05"/km
2.	180	00:03:01	00:07:15	310m	9'44"/km
3.	179	00:06:18	00:13:33	320m	19'41"/km
4.	169	00:02:35	00:16:08	150m	17'13"/km
5.	212	00:01:31	00:17:39	110m	13'47"/km
6.	201	00:01:00	00:18:39	130m	7'42"/km
7.	172	00:03:25	00:22:04	440m	7'46"/km
8.	183	00:01:53	00:23:57	120m	15'42"/km
9.	174	00:00:48	00:24:45		
10.	176	00:04:19	00:29:04	450m	9'36"/km
11.	175	00:01:05	00:30:09	160m	6'46"/km
12.	184	00:03:16	00:33:25	450m	7'16"/km
13.	191	00:01:27	00:34:52	130m	11'09"/km
14.	197	00:01:38	00:36:30	160m	10'12"/km
15.	187	00:01:44	00:38:14	260m	6'40"/km
16.	205	00:03:25	00:41:39	480m	7'07"/km
17.	206	00:02:02	00:43:41	290m	7'01"/km
18.	207	00:01:30	00:45:11	160m	9'23"/km
19.	195	00:03:24	00:48:35	300m	11'20"/km
20.	208	00:01:32	00:50:07	150m	10'13"/km
21.	209	00:01:37	00:51:44	150m	10'47"/km
22.	190	00:03:20	00:55:04	290m	11'30"/km
23.	189	00:09:54	01:04:58	540m	18'20"/km
24.	183	00:04:28	01:09:26	340m	13'08"/km
25.	171	00:01:22	01:10:48	140m	9'46"/km
26.	213	00:02:39	01:13:27	270m	9'49"/km
27.	199	00:00:50	01:14:17	100m	8'20"/km
28.	202	00:01:25	01:15:42	140m	10'07"/km
29.	194	00:01:45	01:17:27	120m	14'35"/km
30.	255	00:03:59	01:21:26	430m	9'16"/km
31.	999	00:00:22	01:21:48	50m	7'20"/km